SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 14
SHOPPERS DRUG MART

VANCOUVER metro®
NEWS WORTH SHARING.

MORRISON, SKATING FOR TWO

Silver medallist Denny Morrison of Fort St. John, B.C., celebrates during the flower ceremony for the men's 1,000-metre speedskating event during Day 5 of the Winter Olympics at Adler Arena Skating Center on Wednesday in Sochi, Russia. Morrison failed to qualify for the event, but was able to compete when teammate Gilmore Junio stepped aside for him. Story, page 21. QUINN ROONEY/GETTY IMAGES

'I don't see prices dropping at all'

Forecasts. Real estate moguls are unfazed by an axed program for millionaire immigrants, many of whom would have settled in Greater Vancouver

KATE WEBB
kate.webb@metronews.ca

The federal government's scrapping on Tuesday of a 28-year-old "cash-for-visas" scheme for wealthy foreign investors doesn't scare "Condo King" Bob Rennie, nor luxury West Vancouver realtor Clarence Debelle.

The wait list for the Immigrant Investor Program has ballooned in recent years to 65,000 applicants, all of whom will soon have their application fees refunded.

Based on data obtained by the South China Morning Post and shared with Metro, about 40,000 of those applicants would have been destined for Greater Vancouver over the next six years.

It is not clear yet how many of those applicants will be able to re-qualify under a new federal pilot program, the details of which are expected to be announced in the coming weeks.

Under the old scheme, the only requirements to get on the path to Canadian citizenship were $1.6 million in assets and an $800,000 interest-free loan to the federal government for five years.

Debelle, who says 90 per cent of his clients are wealthy Chinese immigrants, disagrees with the Tories' decision to end the program because he believes they bring important economic stimulus, but he told Metro he isn't worried.

"I don't think anyone has a crystal ball, but I don't see prices dropping at all. I'm swamped," he told Metro on Wednesday.

He did admit he could see developers opting to build fewer new, ultra-high-end homes.

"How many local Canadians have $6 (or) $7 million to spend on a home? There's very few of us who have that kind of capital," he said.

Contrary to Debelle's views, Tuesday's federal budget said most immigrant investors are not making a long-term positive economic contribution to Canada.

"Over a 20-year career, an immigrant investor pays about $200,000 less in income taxes than a federal skilled worker and almost $100,000 less in taxes than one live-in caregiver," the budget document said.

Rennie said there is always going to be strong pent-up demand in China for Canadian visas.

Rennie suggested that the end of the program will only affect the top 20 per cent of local real-estate sales. Of the 20 per cent of homes that sell for more than $2.1 million, he suspects about 35 per cent are currently snapped up by foreign investors, but he readily admits there is no way to know for sure because of the lack of federal data keeping.

"The statistic that you should know is from 2006 to 2012, 69 per cent of all home sales in Greater Vancouver have been to people that already own a home," he said. "Only 31 per cent of sales have been to first-time buyers, or new immigrants from offshore, so 69 per cent of the market is pretty stable."

Follow Kate Webb on Twitter @MetroK8

THREE TO WATCH IN SOCHI

- **4:05 a.m.** Marianne St-Gelais, who won silver in Vancouver, could be racing for another medal at the short track in the women's 500-metre.
- **6 a.m.** Christine Nesbitt, one of Canada's most decorated long-track speedskaters, races in the women's 1000-metre. She's a three-time world champion and the reigning Olympic champion in that distance.
- **9 a.m.** It begins! Sidney Crosby and the rest of Team Canada open their Olympic title defence against Norway.

GREG DOWNS/ FOR METRO

Olympic Cauldron burns bright

Anonymous donations ensure flames are lit at Jack Poole Plaza PAGE 3

He's just a big ol' softie

Alex Pettyfer, star of the Valentine's flick Endless Love, freely admits he's a hopeless romantic PAGE 13

Lava cakes will make you melt

They're chocolatey and gluten-free to boot PAGE 16

GIVE WINTER A STIFF UPPER LIP

2014 JETTA

Own it from

$89 bi-weekly for 84 months*

3.9% APR

$1,430 down payment

FIRST 2 PAYMENTS ON US**

2014 TIGUAN

Own it from

$149 bi-weekly for 84 months*

3.9% APR

$2,403 down payment

FIRST 2 PAYMENTS ON US**

WINTER RELIEF

A PROGRAM TO HELP WINTER-AFFLICTED CANADIANS

Das Auto.

1-800 DRIVE VW

vw.ca

*Limited time finance purchase offer available through Volkswagen Finance, on approved credit. Base MSRP of $16,385/$26,600 for a new 2014 Jetta 2.0L / Tiguan 2.0T base model with 5/6-speed manual transmission, including $1,395/$1,610 freight and PDI, financed at 3.9% APR for 84 months equals 182 bi-weekly payments of $89/$149. $1,430/$2,403 down payment. Cost of borrowing is $2,043/$3,421 for a total obligation of $17,655/$29,648. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. **$0 first two bi-weekly payments available on financed purchase (through Volkswagen Finance, on approved credit) of any new and unregistered 2014 model up to a combined, total maximum of $500 (excluding taxes). Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end February 28, 2014 and are subject to change or cancellation without notice. Model shown: 2013 Jetta 2.5L Highline, $24,590 / 2013 Tiguan 2.0T Highline R-Line, $40,190. Vehicle may not be exactly as shown. Visit vw.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Das Auto & Design", "Jetta" and "Tiguan" are registered trademarks of Volkswagen AG. © 2014 Volkswagen Canada.

Escorted absences

Father who killed his three kids will not be allowed out of hospital

A B.C. father found not criminally responsible for killing his three children won't be able to apply for permission to leave the psychiatric hospital he now calls home, a provincial review board said Wednesday.

Allan Schoenborn had applied for escorted absences, nearly six years after he killed his children at their home in Merritt, B.C.

His treatment team at the Forensic Psychiatric Hospital in Port Coquitlam told a B.C. Review Board hearing on Wednesday that Schoenborn posed too great a risk to public safety to be let out.

Dave Teixeira, who speaks for the family of Schoenborn's ex-wife, Darcie Clarke, confirmed the board's decision roughly two hours after the hearing wrapped up.

"They've made a decision — and we're very glad to hear it — that Allan Schoenborn will be kept in custody for another year," Teixeira said in an interview.

"The word (from the family) is 'relief.'"

Schoenborn stabbed his daughter Kaitlynne, 10, and then smothered his sons, eight-year-old Max and five-year-old Cordon, at their home in April 2008, leaving their bodies to be found by their mother.

He fled, only to be found more than a week later dehydrated in the woods nearby.

THE CANADIAN PRESS

It costs about $6,400 to light Vancouver's Olympic Cauldron at Jack Poole Plaza for four hours. ERIC DREGGER/THE CANADIAN PRESS FILE

Anonymous donors to revive cauldron

Kindled with cash. PavCo hopes to light flames whenever Canada wins gold

EMILY JACKSON
emily.jackson@metronews.ca

Thanks to anonymous donors, flames will light up Vancouver's Olympic Cauldron throughout the Sochi Games.

The province didn't originally plan to ignite the cauldron during the 2014 Winter Olympics — it costs about $6,400 to light the structure at Jack Poole Plaza for four hours — but private donations received Wednesday allowed for a last-minute change of plans, B.C. Pavilion Corporation spokeswoman Kate Hunter said.

Public pressure encouraged private donors to step forward to foot the bill, said Hunter.

Pure flame

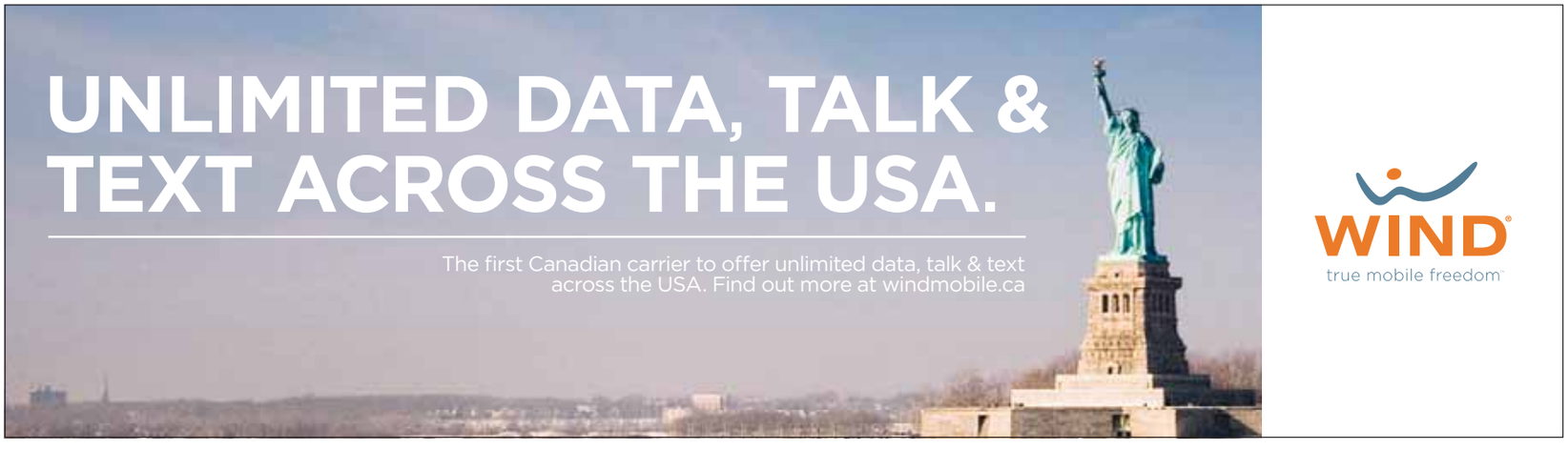
According to International Olympic Committee rules, the lighting of a cauldron cannot be commercialized, so the donations will remain anonymous.

The torches will be lit for the first time on Wednesday from 8 to 10 p.m. in celebration of the four-year anniversary of the opening ceremonies in Vancouver.

But to keep them ablaze any longer, PavCo is accepting private donations big or small.

Provided PavCo gets sufficient contributions, it plans to light the cauldron between 6 and 8 p.m. every time Canada wins a gold medal.

It also hopes to keep the flames ablaze during the closing ceremonies and for gold medal wins at the Paralympic Games.


UNLIMITED DATA, TALK & TEXT ACROSS THE USA.
The first Canadian carrier to offer unlimited data, talk & text across the USA. Find out more at windmobile.ca
WIND
true mobile freedom

Super Bowl. Drug and prostitution ring suspect detained in Vancouver

A South Korean woman wanted in the United States for her alleged involvement in a crime ring that sold drugs and prostitutes in New York City prior to the Super Bowl weekend was in detention after she was arrested at Vancouver's airport, border officials confirmed Wednesday.

The Canada Border Services Agency confirmed officers arrested 44-year-old Kyong Bin (Jackie) Cho at Vancouver's airport this past weekend. She was expected to be deported, though the exact timing of her removal wasn't clear.

Canada Border Services Agency spokeswoman Amitha Carnadin said in an emailed statement that Cho allegedly fled the U.S. and arrived in Vancouver on Saturday, from Mexico. Officers then confirmed the woman is wanted on a number of felony charges.

Cho appeared before an Immigration and Refugee Board hearing on Tuesday. A board member found the woman "to have been involved for some time in a criminal organization that provided prostitutes and drugs to clients in the United States," said Carnadin in the statement.

"These allegations were not disputed by Cho and as a result, the member found her to be inadmissible to Canada," the email said. "She was issued a deportation order."

THE CANADIAN PRESS

18 charged

News of Cho's arrest comes almost two weeks after U.S. authorities charged 18 people for allegedly running a crime ring that involved selling so-called party packs of cocaine and prostitutes to people coming to New York City for the Super Bowl.

Valentine's Day. City park board to dye pool pink

No need to put on rose-coloured glasses to make it feel like Valentine's Day at one Vancouver community centre.

The Vancouver park board announced plans to dye the swimming pool water pink at the Hillcrest Community Centre to celebrate the romantic holiday on Friday afternoon.

Even those with the coldest hearts may warm up to the price of this city initiative — a whopping $10 to $20, according to the park board.

The pigment, called Party Pool!, is non-toxic and apparently won't turn your hair or your swimsuit pink.

It's added through a filtration system and takes about a day to filter out.

EMILY JACKSON/METRO

Party Pool!

The community centre has been tinting its pool for special occasions since 2010. The water goes green for St. Paddy's Day and red for Canada Day.

Info? Call 604-717-9974

Camaro misses pedestrians on sidewalk

Police are on the hunt for the driver of a convertible that narrowly missed hitting several pedestrians on a downtown sidewalk.

A video of the incident shows pedestrians running for safety after the driver of a newer model red Chevrolet Camaro drove erratically north on Hornby Street, mounted the sidewalk and turned west on Dunsmuir Street on Feb. 6 around 9:30 a.m. EMILY JACKSON/METRO

Internet voting

Panel says more study needed

A panel formed by B.C.'s chief electoral officer says provincial and municipal governments should not implement Internet voting until a technical committee can study potential systems and test security concerns.

The recommendation is one of four submitted to the legislature by the independent panel, which says those who administer elections don't have the technical expertise to evaluate voting systems.

THE CANADIAN PRESS

The rainbow flag flies over city hall in Montreal on Friday, and will do so for the duration of the Winter Olympic games in Sochi. THE CANADIAN PRESS

Rainbow flag to fly at B.C. Legislature

Sochi Winter Games. Province follows example of several cities and provinces across Canada

Quoted

"Equal rights for the LGBT community are a fundamental human right so we are pleased to join our colleagues from across the political spectrum and support the raising of the Pride Flag..." Attorney General Suzanne Anton

The rainbow flag will fly at the British Columbia Legislature.

Attorney General Suzanne Anton announced Wednesday evening that the government will be raising the flag in support of gay rights at the Sochi Winter Games, following the lead of several provinces and municipalities, including Vancouver.

"Equal rights for the LGBT community are a fundamental human right so we are pleased to join with colleagues from across the political spectrum and support the raising of the Pride Flag at the British Columbia Legislature," Anton said. "I made the request to the Speaker today and I understand that the flag is on the way to Victoria and should be raised soon."

The decision comes after the NDP MLA for Vancouver-West End, Spencer Chandra Herbert, wrote to Speaker Linda Reid requesting the flag be raised at the Legislature during the course of the Olympics.

Chandra Herbert said the flag raising would be an inexpensive but impactful gesture in support of gay rights.

The debate has been amplified by legislation in the Olympic host nation, where people are banned from promoting homosexual lifestyles.

"Alberta, Saskatchewan, Manitoba and Ontario have done it, so why not us?" said Chandra Herbert. "It's the right thing to do. It's a good way to take a little action ... to show solidarity with lesbians and gays facing hateful laws in their country."

The decision to raise the flag came quickly, on just the second day since government returned to the Legislature for a new session. MATT KIELTYKA/METRO

Save On Meats reopening in Downtown Eastside

Save On Meats INSTAGRAM/@EASTVANBRAND

A popular Downtown Eastside diner will reopen its doors on Valentine's Day after speculation that the social enterprise was out for good.

Save On Meats, known for a token program that provides sandwiches for people that live in nearby single room occupancy hotels, temporarily vacated the location at 43 West Hastings last fall so the landlord could do renovations.

Owner Mark Brand announced on Instagram Wednesday that the business has a deal to remain in the space for the next 20 years and "outside of any natural disaster, plans to never close again" once it reopens Friday.

The restaurant will "continue blending social initiatives with regular business," he wrote, noting that they're expanding their meal program to reach 1,200 people a day.

Most interestingly, Brand hinted at a long-term project with the City of Vancouver and Vancouver Community College that will see "hundreds of people trained."

A spokesperson declined to comment on the initiative until March, but said it would be a "big deal."

The restaurant also made headlines last year when an anti-gentrification protester stole its sign.

EMILY JACKSON/METRO

Aerial sculpture coming to Vancouver

Suspended art. Janet Echelman brings a large 'soft, billowing' sculpture to the TED Conference

KATE WEBB
kate.webb@metronews.ca

An internationally-renowned artist plans to bring her most ambitious sculpture ever to Vancouver for the 30th annual TED Conference.

Janet Echelman of Boston plans to suspend an aerial sculpture more than 200 metres wide and made of netting between the Fairmont Vancouver and the Vancouver Convention Centre.

"I create soft, billowing sculptures that act as a counterpoint to hard-edge cities and buildings, and in doing so my aim is to create oases of art in urban centres around the world," she said.

The sculpture will feature an interactive light display, allowing the public to engage with it in "a unique, participant-fuelled visual experience."

Fundraising

Janet Echelman has launched a campaign to recoup some costs. Visit kickstarter.com/projects/burrardarts/janet-echelman-in-vancouver

A sculpture by Janet Echelman hangs in Amsterdam. COURTESY JANET ECHELMAN

Charity

Donation doubles Tim Jones legacy fund

A West Vancouver-based charity is helping to turn a dream of long-time North Shore Rescue leader Tim Jones into reality.

The Charros Foundation has matched all donations raised since Jones' death on Mount Seymour in January. Ian and Rosemary Mottershead have given $118,000.

THE CANADIAN PRESS

Sentence

Sex offender gets life in prison for murder

A long-term sex offender who has admitted shooting his landlady twice in the head in Princeton has been sentenced to life in prison. Sixty-five-year-old Roger Badour pleaded guilty to second-degree murder and will not be eligible for parole for 10 years. He killed Gisele Duckham in November 2011. THE CANADIAN PRESS

Legislature. NDP says court documents reveal B.C. Liberal strategy to provoke a teachers strike

B.C.'s New Democrats revealed the contents of court transcripts Wednesday that they said confirm what a judge has already concluded: The Liberal government had a strategy to intentionally provoke a full-scale teachers strike two years ago.

NDP Leader Adrian Dix led off the first question period of the spring legislative session by calling on Premier Christy Clark to publicly release cabinet documents that could reveal how the government handled contract talks with teachers.

"What I think the people of B.C. would like to know is, would like to see is, the very documents Madame Justice (Susan) Griffin made her decision on," said Dix, referring to cabinet documents that were examined by the judge but never made public.

"Can the premier tell this house why … did she act to provoke a school strike in British Columbia?"

During question period, Dix cited transcripts from Sept. 17, 2013, when John Rogers, a lawyer for the teachers' union, questioned Paul Straszak, the former negotiator for the government.

"So your objective as government was to increase the pressure on teachers to have them go out on a full-scale strike?" Dix quoted Rogers as asking.

"Yes. I'll say that's correct," Straszak replied, Dix told the legislature.

In a court ruling released last month, Griffin concluded legislation tabled in 2012 that removed class size and composition from contract negotiations was unconstitutional and she ordered the government to pay the British Columbia Teachers' Federation $2 million.

She also concluded the government developed a strategy to provoke a teachers strike, in part because it would give the government "political advantage" and allow it to pass legislation to deal with a strike and legislation related to bargaining at the same time.

THE CANADIAN PRESS

WINTER JUST GOT BRIGHTER
SAMSUNG GALAXY S4™
WAS $179.99
NOW $99.99*
ON SELECT 2-YEAR SHARE EVERYTHING™ PLANS
PLUS GET 50% OFF¹
ALL THE LATEST SMARTPHONES
WHEN YOU ADD A LINE TO A SHARE EVERYTHING™ PLAN
ON SELECT 2-YEAR TERMS
CALL 1 888 ROGERS1
CLICK rogers.com/promo
VISIT your local Rogers store today
LIVE LIKE NEVER BEFORE™
ROGERS™

Offers available for a limited time and subject to change without notice. A connection fee of $15 per line also applies (to first invoice, applicable to new line/device only) to activate your service on the Rogers network. Device Savings Recovery Fee and/or Service Deactivation Fee (as applicable) apply. *Available with new activation on any 2-yr. Share Everything Talk, Text and Internet plan having min. $75 monthly service fee. 1 For existing Share Everything customers, 50% discount applies to any smartphone when activating a secondary talk, text and Internet line on a Share Everything plan on a 2-yr. term. For new customers, discount applies to any 2 smartphones when activating a primary line on a Share Everything plan and adding a secondary line (both on 2-yr. term). ©2014 Rogers Communications.

Georgia tells Games fans to keep out of Abkhazia

Breakaway territory. The region remains a sticking point between the country and Russia

Georgia on Wednesday called on foreign visitors to the Winter Olympics to keep out of Abkhazia, a Russia-aligned breakaway territory just south of Sochi along the Black Sea coast.

The International Olympic Committee, however, said there was no reason not to go to Abkhazia.

Abkhazia declared independence shortly after Russian forces crushed the Georgian army in a brief 2008 war, but most of the world still considers it Georgian territory. Only Russia, Venezuela, Nicaragua and two Pacific island nations have recognized Abkhazia as an independent country.

Russia's attempts to facilitate travel across its border with Abkhazia, only five kilometres south of Olympic venues, was "a provocation aimed at undermining the sovereignty and territorial integrity of Georgia" and "misleading foreign citizens," the Georgian Foreign Ministry said.

Asked the IOC's view on Olympics visitors going to Abkhazia, IOC spokesman Mark Adams said "why not."

"The talks and exchanges between the two governments, that's entirely been to the two governments," he said. "In terms of going to Abkhazia ... well if it's safe, people will go there."

Alexandra Kosterina, spokeswoman for the Sochi organizers, refused to comment. THE ASSOCIATED PRESS

Talks

Russian President Vladimir Putin said Monday that he hoped the Games would help to mend fences and expressed a willingness to meet with his Georgian counterpart.

- The Georgian government responded positively.
- Mutual personal enmity had prevented any meeting between Putin and former Georgian president Mikheil Saakashvili, whose term ended in November.

Belgium expected to pass bid for child euthanasia

Belgian politicians assemble at the Belgian federal parliament in Brussels Wednesday. Belgium, one of the very few countries where euthanasia is legal, is expected to take the unprecedented step this week of abolishing age restrictions on who can ask to be put to death, extending the right to children. GEERT VANDEN WIJNGAERT/THE ASSOCIATED PRESS

Intimidation. Russian activist gets 3 years

An activist who shed the light on the environmental impact of Olympic construction in Sochi was ordered Wednesday to serve three years in prison for spray-painting a fence.

A court in the regional capital of Krasnodar converted the suspended sentence given to Yevgeny Vitishko in 2012 into a prison term, according to his lawyer, Alexander Popkov.

"We expected it and so did Zhenya (Vitishko)," Popkov told The Associated Press, adding that the ruling confirms suspicions that Vitishko is "persecuted for his activities."

Vitishko and another activist, Suren Gazaryan, were found guilty in 2012 of "deliberate destruction of property" for spray-painting the fence of what they said was a local governor's property in a national forest where construction is forbidden.

Human Rights Watch called on the International Olympic Committee to urge Russian authorities to free the activist. THE ASSOCIATED PRESS

Nigeria. Extremists attack northeast town

Hundreds of Islamic extremists posing as soldiers attacked a northeast Nigerian town for hours, killing 39 people and razing a mosque and more than 1,000 homes, survivors said Wednesday.

In the ruins of the burned-out mosque, bodies covered in cloth lay ready for burial Wednesday, including three small shrouds covering children who did not look more than 10 years old.

"Why us? Why us?" one woman wailed, trying to understand why militants set on creating an Islamic state in Nigeria would attack a town of mainly Muslim farmers.

Numerous villages in the area have been attacked and hundreds have been killed in recent months despite a nine-month-long military state of emergency to halt the uprising in three northeastern states. Thousands have been made homeless and thousands more have fled to other parts of Nigeria and to neighbouring states. THE ASSOCIATED PRESS

Edmonton. Backpack offers grieving mother answers in son's suicide

Jan Thorpe finally has some answers about her son's death.

Jonathan Langille's backpack was returned to his mother Tuesday, less than a week after the 19-year-old was killed after stepping off the platform in front of an LRT train at Coliseum Station in Edmonton.

Following the accident, Thorpe made a public plea for help finding the backpack, which had been picked up by a bystander who watched as Langille took his own life.

"The girl who took it called us last night," said Thorpe. "She was very sorry about what happened."

In the backpack, Thorpe said, Langille left his journal, which included information about why he took his own life.

"He said he was overwhelmed," she said.

Thorpe said the family doesn't plan on pressing charges against the woman, who told Thorpe she was using drugs at the time she took the backpack. Thorpe said she hopes the young woman is able to get some help.

LEAH GERMAIN/METRO IN EDMONTON

Ottawa terror case

Reliability of audio transcript questioned

A lawyer for accused terrorist Khurram Syed Sher pressed a police detective Wednesday on the reliability of a transcript of a key meeting between Sher and two alleged co-conspirators.

In Ontario Superior Court, defence lawyer Michael Edelson peppered Det. Mireille Clement with questions about how she prepared the transcription from secret audio surveillance of a discussion at an Ottawa home.

THE CANADIAN PRESS

Income splitting exposes rift among Conservatives

Tensions. Powerful Tory ministers make contradictory statements on Harper campaign promise — but who spoke out of turn?

Two of the most powerful men in the Conservative cabinet have openly contradicted one another on a key campaign promise — a split that speaks to the different ideologies and allegiances in the Tory caucus.

Finance Minister Jim Flaherty started the ball rolling Wednesday by candidly questioning the wisdom of expanding income splitting for Canadian families.

During the 2011 election, Prime Minister Stephen Harper promised to bring in the measure once the federal books were balanced. Allowing couples with children to split their income would mean parents could pool their income together in order to qualify for a lower tax bracket.

Finance Minister Jim Flaherty gestures during question period in the House of Commons in Ottawa on Wednesday. SEAN KILPATRICK/THE CANADIAN PRESS

"I would pay down public debt and reduce taxes more, myself, but I am only one person," Flaherty said in a post-budget interview before the Ottawa Chamber of Commerce.

But Employment Minister Jason Kenney insisted the campaign promise would be kept, a sentiment echoed by Treasury Board President Tony Clement.

"We made a platform commitment to introduce income splitting when we get to a balanced budget; we'll get to a balanced budget next year, that's very clear," Kenney said.

So who spoke out of turn? Flaherty or Kenney?

One senior Conservative suggested Harper actually has his own reservations about income splitting. The Tory suggested social conservatives within the party would be more in favour of such a plan because it appeals to traditional families where only one parent works.

Other Conservatives speculated that Flaherty is feeling free to speak his mind because he has one foot out the door.

There have been tensions between Flaherty and Kenney recently over Toronto Mayor Rob Ford. Flaherty is a friend of Ford's, and reacted angrily when Kenney called on Ford to step down.

THE CANADIAN PRESS

UNLEASH
THE
ATHLETE
WITHIN...
LIMITED TIME OFFER!
$0 JOINING FEE
+ LOW MONTHLY DUES
Applies on select memberships only. Certain conditions apply, see any location for details.
DOWNLOAD A
FREE CLASS PASS
AT SNCLUBS.COM
TODAY!
Within all of us there is a desire to succeed and achieve greatness. This is your time to triumph and reach new heights. No matter what your fitness goals, remember that nothing is impossible...
VISIT US ONLINE
SNCLUBS.COM
CALL US
604.495.NASH (6274)
STEVE NASH
FITNESS WORLD
& SPORTS CLUB
TRUE 2 FORM

Canada Bread sold to Mexican firm for $1.83B

That's a lot of dough. Maple Leaf bakes up tasty deal to off-load division to baking giant Grupo Bimbo

Canada Bread has struck an agreement to be acquired by one of the world's largest bread companies in a transaction valued at $1.83 billion.

Grupo Bimbo, based in Mexico, said Wednesday it will buy Canada's dominant breadmaker with the support of Maple Leaf Foods, which owns a 90 per cent stake in the operations.

What Grupo Bimbo gains from buying Canada Bread is a position in the Canadian marketplace and the ownership of popular brands like Dempster's and Bon Matin.

"The company fits exactly within our strategic soft spot as a leader in its domestic market," Grupo Bimbo chief executive Daniel Servitje said in a conference call.

"(This is) a new market for Grupo Bimbo which helps strengthen our presence in the Americas."

The transaction also ends Maple Leaf Foods' pursuit of a buyer for the bakery division, which it announced last October. THE CANADIAN PRESS

Slicing off divisions

Maple Leaf Foods is in the midst of a restructuring plan to improve the profits of its overall business, which is primarily focused on meat products. It has already sold various divisions and hopes to complete the process by next year.

Bosnia. Unrest due in part to failed privatizations of state-owned companies

A Bosnian protester sets a local government building on fire during protests in the Bosnian town of Tuzla last week. AMEL EMRIC/THE ASSOCIATED PRESS

The recent violence in Bosnia, with scenes of burning government buildings and protesters pelting police with stones, has many root causes. One of them is the failed privatizations of state-owned companies.

When Bosnia abandoned communism about two decades ago, officials devised a plan that wouldn't mean mass layoffs for state workers. It was supposed to be a smooth transition after the 1992-1995 war that left 100,000 dead and devastated the country's infrastructure.

More than 80 per cent of privatizations have failed, becoming a core reason behind Bosnia's worst unrest since the end of the war. Many well-connected tycoons have swept into these companies, stripping them of their assets, declaring bankruptcy and leaving thousands without jobs or with minimal pay. THE ASSOCIATED PRESS

United Auto Workers

Volkswagen to get das auto union in the U.S.?

Workers at Volkswagen's lone U.S. plant in Tennessee are kicking off a three-day election about whether they want to be represented by the United Auto Workers union.

If the union succeeds, the Chattanooga plant would become the first among foreign automakers in the South to unionize. THE ASSOCIATED PRESS

Fourth-quarter results

Air Canada shares hit turbulence

Air Canada vowed it won't be thrown off course in 2014 even though its shares went into a tailspin Wednesday after severe weather and a weaker dollar hurt fourth-quarter results and promised to inflict more pain in the new year. THE CANADIAN PRESS

U.S.-Canada relations

Time to prep for post-Obama era, says Jim Prentice

It's high time Canada started looking beyond the Obama era if it wants to push economic integration with the United States to a new level, says former Conservative Cabinet Minister Jim Prentice. That includes pushing for approval of the Keystone XL pipeline, which has been stalled by U.S. domestic politics, Prentice said. THE CANADIAN PRESS

Market Minute

DOLLAR 90.93¢ (+0.16¢)

TSX 13,900.49 (+19.50)

OIL $100.37 US (+$0.43)

GOLD $1,295 US (+$5.20)

Natural gas: $4.85 US (-$0.09)
Dow Jones: 15,963.94 (-30.83)

Running Room LTD
THE RIGHT FIT FOR EVERY RUN
Good shoes are still the most important investment you can make. Coupled with a sensible training schedule, the right shoe is essential in helping to prevent injury. So many shoes, so many configurations — with a little time and our expertise, the chances of finding a pair that work for you are excellent.
ASK ONE OF OUR FRIENDLY, KNOWLEDGEABLE STAFF FOR A FREE FOOTSTRIKE ANALYSIS
NEUTRAL
Cushioning shoes with a flexible forefoot and soft/firm midsole.
STABILITY
Stability shoes with moderate control features and a multi-density midsole.
MOTION CONTROL
Motion-control or strong stability shoes with firm midsoles.
POWERGRID TRIUMPH 11
Men's
$174.99
POWERGRID GUIDE 7
Men's
$149.99
POWERGRID STABIL CS 3
Men's
$159.99
saucony
BECAUSE EVERY RUN IS unique. RUNNINGROOM.COM
SUNDAY, MAY 4, 2014
BMO
Vancouver Marathon

RRSP doesn't have to be a four-letter word.

Relax. We† can help.

Call 1 866 747 8129,
visit pcfinancial.ca/rrsp,
or drop by an in-store pavilion[1] today.

[1] Visit pcf.pavilionlocation.com to find your nearest pavilion location.

®/™ PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaws Inc. CIBC is a licensee of the marks.

† President's Choice Financial personal banking services are provided by the direct banking division of CIBC. Banking services are not available in Quebec.

President's Choice FINANCIAL®

That's just good banking.

NUMBER OF HAPPY COUPLES: 12

HE SAYS

John Mazerolle
metronews.ca

Normally I'd say Valentine's Day is a holiday that should be cut short like its decapitated namesake.

Normally I'd argue it's not a real holiday unless I'm earning time and a half.

Normally I'd suggest that the only reason Valentine's receives any attention at all is that it lands when the weather is barren and any real holidays are far away. It's like a stranger in a bar when the lights come on. Our time with it might be awkward and trashy, but we'll take what we can get.

But I won't say any of that because I have a girlfriend for the first Valentine's this decade. So — just in case she cares — Valentine's is a wonderful, splendiferous day (wheee!) and I can't wait to spend it with her in whatever reasonably priced restaurant she desires.

As a loving tribute to my return to coupledom, I offer this fragrant bouquet of information:

Valentine's Day By The Numbers:

1: The loneliest number.

2: The least lonely number.

3: The soon-to-be-lonely-again number.

4: The polygam-est number.

Relationships

13,491,617: Number of Canadians who would laugh in your face if you asked them out right now.

12: Happy couples.

700: Percentage spike in the crime rate since same-sex couples were allowed to marry and society crumbled.

1.3: Median number of children it will take to salvage your crumbling relationship.

580,000: Number of times someone will say, "I don't know, what do you wanna do?" on Valentine's Day (average three per couple).

170: Number of guys pretending they like Michael Bublé at any given moment.

5: Number of days after Valentine's you can wait before dumping your partner, guilt-free.

0: Number of unrequited loves thinking about you right now.

Gifts

$356: Minimum amount your partner will spend on you if they really love you.

32: Number of insect larvae legally permitted in the chocolates you're about to receive.

15: Number of years until corporations automatically deduct a minimum $100 directly from your chequing account as part of a Mandatory Incidental Love Fee, or MILF.

8,732: Number of relationships that will spark with the heat of a thousand suns thanks to the gift of a heart-shaped doughnut.

60,000: Approximate number of bees killed annually for Bee Mine? card industry.

$1.4 billion: Value of all Valentine's cards purchased in North America.

1.4 seconds: Average time spent glancing at card.

14,541: Number of Canadians unemployed in the candy, floral and gift card business because of you and your friends' cynical attitudes.

Fewer than 12: Number of minutes I spent on research.

ZOOM

Did Russia get this wrong?

COURTESY GREG WYSHYNSKI/YAHOO SPORTS

Rings' colours not tied to continents

No, the different-coloured Olympic rings don't correspond to specific continents.

But you'd be forgiven for thinking differently if you're going to or from Sochi's airport.

Five enormous concrete sculptures of the rings welcome visitors, each labelled in bold letters, in Russian and English, with the name of a continent: Africa, Asia, Australia (pictured), Europe, and the Americas.

THE ASSOCIATED PRESS

ALEXANDER ZEMLIANICHENKO/THE ASSOCIATED PRESS

In actuality...

- International Olympic Committee spokesman Mark Adams says "the rings are not assigned to each continent."
- When Pierre de Coubertin, considered the founder of the modern Olympics, designed the rings a century ago, he chose black, red, yellow, green and blue because every flag in the world bore at least one of those colours, according to the Olympic Museum.

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

JOSH SEMANS/FLICKR

So maybe those piano or violin lessons in elementary school didn't exactly stick, but surely you remember a scale or two. Test your musical memory, or just have fun making music with these apps that turn your phone into a handheld musical "instrument." Warning: This will annoy pretty much anyone in earshot and you will have way more fun creating "songs" than anyone will have listening to them.

Shaker:

Turn your phone into a pocket percussion centre. From the triangle to the tambourine to the tam tam, this free iTunes app has the drum section of your band covered.

Harmonica:

Both Apple and Android have their eyes on the handheld harmonica (oh wait, real ones are also handheld), but the Android version lets users get up close with their phones and play with their mouth (option for hands too, if you don't trust where your phone's been).

Virtuoso Piano 3:

Just like riding a bike, once you learn to play Heart and Soul you never forget. Or so no one's ever said. Test the theory and tickle the ivories on your phone.

Twitter

@metropicks asked: Canada's men's hockey team plays Norway Thursday. Should fighting be allowed in Olympic hockey?

@CALanuza: Yes, it brings excitement to the game; Remember this guys are pro athletes.. #Sochi2014 #yyc

@Dweller15: off course, what kind of question is it? What a hokey without fight?

@cndneh: why should fighting be allowed at all?

@Mr_B_Robertson: No. The greater the threat of injury to NHL players, the greater the chance the NHL won't let its players go the Olympics.

@kkjohal769: NO!!fighting is not necessary send the right message to our young people

@larrington: with fighting allowed, world does not take NHL ice hockey seriously as a sport; it's just entertainment.

@MainStPoodle: Yes. And growling, chasing and biting.

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:
Send us your comments: vancouverletters@metronews.ca

metro

President Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Vancouver** Jeff Hodson • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Chris Mackie • **Distribution Manager** George Acimovic • **Vice-President, Sales and Business Development** Tracy Day • **Vice-President, Creative and Marketing Services** Jeff Smith • **Vice-President, Finance** Phil Jameson • **METRO VANCOUVER** 375 Water Street - Suite 405 Vancouver, BC V6B 5C6 • **Telephone:** 604-602-1002 • **Fax:** 604-648-3222 • **Advertising:** 604-602-1002 • adinfovancouver@metronews.ca • **Distribution:** vancouver_distribution@metronews.ca • **News tips:** vancouver@metronews.ca • **Letters to the Editor:** vancouverletters@metronews.ca

Company reaffirms its unity after dancing around a breakup

Keeping Vancouver on its toes. Love's got a lot to do with Ballet BC's newest production

BACKSTAGE PASS
Graeme McRanor
vancouver@metronews.ca

Ballet BC dancers Alexis Fletcher and Gilbert Small perform In Motion, part of Grace Symmetry, which runs Feb. 20 to 22 at the Queen Elizabeth Theatre.
COURTESY MICHAEL SLOBODIAN

Romance is in the air. Anyone who watches television or listens to the radio can tell you that.

It's right there in print, too: get her what she really wants for Valentine's Day.

Those gifts should, apparently, be diamonds, cars, chocolates, flowers and myriad other things that supposedly symbolize undying love.

Happy Valentine's Day — the pressure's on.

Of course, you can't market reality. Relationships take work. And good things can always go away if you're not prepared to pay them some care and attention.

Such was almost the case with Ballet BC a few years back. Here was a talented group that, at the end of 2008, was fighting to stay together.

But break up they did not. And now, just a heart-sized handful of years later, they're flourishing under artistic director Emily Molnar.

Next week, in collaboration with Turning Point Ensemble, Ballet BC presents Grace Symmetry at the Queen Elizabeth Theatre.

Featuring live music by TPE, it includes world premieres by Kevin O'Day (Frankfurt Ballet, New York City Ballet) and Medhi Walerski (Paris Opéra Ballet, Nice Opéra Ballet), and the return of In Motion (Ballet BC, 2011) by Wen Wei Wang.

"We are thrilled to present this collaboration with Turning Point Ensemble, one of Canada's leading chamber orchestras, alongside three brilliant choreographers and the artists of Ballet BC," says Molnar. "All three pieces will be performed to live music and promise a spectacular treat for dance and music lovers alike."

In other words, you'll love watching them do what they love to do. And that, my funny Van-Valentines, is a rewarding relationship. One that just might make you smile with your heart.

GRACE SYMMETRY RUNS FEB. 20-22. TICKETS RANGE FROM $22.25 TO $70 PLUS SERVICE CHARGES. FOR MORE INFORMATION, VISIT BALLETBC.COM.

Fête through the flurries

Also helping to turn winter frowns upside down:

- The ninth annual Winterruption festival starts tomorrow and runs until Sunday on Granville Island. Presented by Coastal Jazz, the festival celebrates the West Coast through music, arts, performance and food. For more information, visit coastaljazz.ca.

PRODUCED BY KODA ENTERTAINMENT
The BACKYARDIGANS
LIVE ON STAGE
Sea Deep in Adventure
© 2004-2009 Viacom International Inc. The Backyardigans and all related titles, logos and characters are trademarks of Viacom International Inc. NELVANA™ Nelvana Limited. CORUS ™ Corus Entertainment Inc. All Rights Reserved.
Saturday, February 22
The Orpheum
ON SALE NOW!
For tickets call 1.855.985.5000
or visit www.ticketmaster.ca
www.TheBackyardigansOnTour.com
koba paquin | MEDIA PARTNER 1035 CHFM | SPONSOR brightpath

Dr. John rocks on

No slowing down. Iconic songwriter talks to Metro about his tribute to Louis Armstrong and a return to psychedelic blues

Dr. John, now 73, will be releasing a tribute to Louis Armstrong. GETTY IMAGES

A legendary songwriter and eccentric showman, Malcolm John "Mac" Rebennack Jr., is best known to the rest of us as Dr. John. Now 73, he has been making music since the 1950s. His crazy concoctions of blues, jazz, zydeco and possessed voodoo psychedelia extend to more than 30 records.

So you're already working on a new album?
Well, it's a tribute to Louis Armstrong. Louis came to me in a dream and said, "Do my stuff your way." And that's what I did. We'll finish it up pretty soon I think.

The last time we spoke, you had just released your record about Katrina. Now that more time has passed, do you see a new New Orleans?

Well, in some ways it's like the whole lower Ninth Ward — they haven't done anything. It's been pretty much left to its own devices and that's a shame. ... There were just so many musicians that were from there, you know. I wonder what they'd think to see that whole neighborhood is gone. That's sad to me. But listen, we're gonna make the people warmer when we get there.

When you recorded Locked Down, did you see it as a return to the psychedelic blues of your early work? How influential was Dan Auerbach?

Well, actually Dan was thinking of some of the stuff like that. I think he did an excellent job. ... Actually, he is an old-school cat. I mean he's a lot older than his age … and that's a good thing. METRO

In light of the news that Blue Ice Pictures bought the film and TV rights to Robyn Doolittle's Crazy Town: The Rob Ford Story, the Metro editorial team started speculating who should play Toronto's titular titan. Here are our top three picks:

LIZ BROWN
liz.brown@metronews.ca

John Goodman

An overwhelming number picked the man best known as Dan Conner. He's got the girth, yes, but he's also proven he can play the wildcard act with aplomb — witness his turn as the 'back in 'Nam' referencing Walter Sobchak in The Big Lebowski. Our resident film expert Richard Crouse wasn't convinced though: "He'd bring the baggage of previous roles to the film."

Kevin James

There'd be a wicked sense of irony in casting the man who starred in I Now Pronounce You Chuck and Larry as the Pride Parade-evading Ford. And as Metro's film writer Steve Gow notes, James has the physicality for the role. "No one could physically emulate the bombastic and blundering nature of Rob Ford like the dude who played Paul Blart: Mall Cop."

Meryl Streep

More than a few Metro folk delved into arthouse territory, selecting an actress to play Ford. There were murmurs of Tilda Swinton, but ultimately the role was awarded to the greatest actress of our time. "Meryl Streep could play anyone," noted copy editor Rita Zhivotovsky. "It will be her greatest challenge yet," said style editor Liz Beddall.

YANNI
WORLD TOUR • CANADA 2014
FRIDAY, SEPTEMBER 12
QUEEN ELIZABETH THEATRE
ON SALE TOMORROW!
GIVE THE GIFT OF YANNI THIS VALENTINE'S DAY
TICKETS AVAILABLE ONLINE AT TICKETMASTER.CA, BY PHONE AT 1-855-985-5000,
OR IN PERSON AT ALL TICKETMASTER OUTLETS
WWW.YANNI.COM
PAULMERCS

Hey girl, Alex Pettyfer just wants to love you

Be mine? Star of Endless Love claims he's just a big puppy dog when it comes to matters of the heart

NED EHRBAR
Metro World News in Hollywood

Endless Love, starring Alex Pettyfer, opens on Friday. CONTRIBUTED

Alex Pettyfer is sorry to say he's a hopeless romantic at heart, which actually made signing on for the remake of Endless Love a no-brainer. Of course, we don't necessarily think there's anything wrong with being a softie.

This seems like a pretty intense film to make, emotionally. How did you approach it?
Well, the most difficult thing about making this movie was that when you're 23 or 24, which is how old I am, you want to be 30. You want to be looked upon as a man. And I'm playing 18 years of age, and you kind of have to go back to that naïve way of thinking and that childlike energy. That was the hardest thing for me — the most fun, but the hardest.

I don't remember feeling that naïve and childlike at 18.
Yeah, we all think we know everything when we're 18.

The more a movie focuses on romance, the more some people will use that as an excuse to ask about your personal life. How do you cope with that?
I just say no. I'm very blunt. I don't really care. I don't really answer that.

What's your own personal opinion of romantic films in general?
I love romantic films. I love Love Actually, I love Bridget Jones. I'm sad in that sense — I'm a sucker for a good rom-com. And I wanted to make one. I'm so lucky that I've been given this opportunity to do a movie like this. I'm a hopeless romantic.

I don't think that's sad, to say that you like rom-coms.
Yeah, well… I mean, it's sometimes tough for a man to admit that they're a hopeless romantic.

I don't know, I feel like I've met quite a few in my time.
You have? You've met some hopeless romantic men? Well that's good. At least I'm not alone in that.

GESAMT KUNST WERK

Define it

GWERK.CA

#GWERK

CHAPTERS EXCLUSIVE • VANCOUVER, B.C

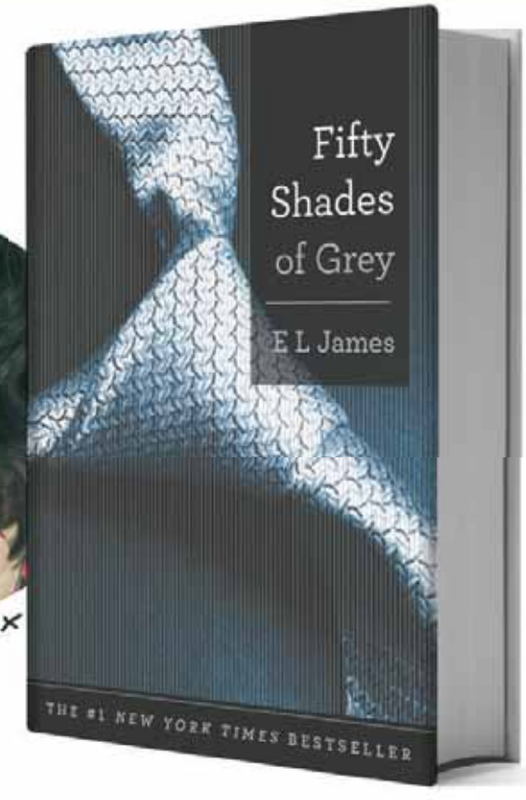
Meet E.L. James

Sunday, February 16th

Chapters Robson • 788 Robson St • Vancouver, B.C.
WRISTBANDS: 10 A.M. • BOOK SIGNING: 2 P.M.

Be amongst the first 300 people to get a wristband to attend the first Canadian book signing with E.L. James, bestselling author of *The Fifty Shades Trilogy*.

The first 100 of the 300 customers to purchase ONE (1) E.L. James hardcover book at Chapters Robson on the day of the event will receive a special wristband for front of the line priority access. **All wristbands will be distributed beginning at 10:00 am on Sunday, February 16th at Chapters Robson, 788 Robson St.**



Indigo Chapters indigo.ca

Indigo, Chapters, Coles and indigo.ca are trademarks of Indigo Books & Music Inc.

For full event details visit **www.indigo.ca/events**

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Shia LaBeouf ALL PHOTOS GETTY IMAGES

LaBeouf, are you really #SORRY or is this piece just a pile of bull-Shia?

Shia LaBeouf is sorry. So sorry, in fact, that he's embarked on a "performance art" piece this week at a Los Angeles gallery space entitled #IAMSORRY. According to the gallery's press release, "Shia LaBeouf is sorry. Sincerely sorry. He will be in situ at 7354 Beverly Blvd. for the duration. Implements will be provided." Visitors are invited, one by one, to enter a curtained-off room where LaBeouf sits at a table in a tuxedo with a paper bag over his head, eye holes cut out. He says nothing, responds to no questions, and then removes the bag to show that he is crying. LaBeouf is scheduled to be staring at visitors and crying through Sunday. Fans of pointing out LaBeouf's penchant for plagiarism have been happy to remark on the similarities between this stunt and Marina Abramovic's 2010 installation piece The Artist is Present, during which she would sit in a gallery and let strangers stare at her one at a time, eventually bursting into tears.

Lip-synch claims hitting Britney one more time

Britney Spears is being dogged by more lip-syncing accusations after an Instagram video surfaced taken during her current Las Vegas residency that shows her microphone pack fly off her waistband, pulling her earpiece mic away from her mouth without effecting her vocal performance at all. It wouldn't be such a big deal if it weren't for claims made by Spears' team before the launch of the residency. "Britney Spears will be singing live during her show. She will not be 'lip-syncing,'" her rep said.

Britney Spears

The Word

Will $75M deal bring sizzle back to celeb cook's career?

Paula Deen has found a key ingredient to reheating her tarnished brand — a cash infusion worth at least $75 million US from a private investment firm.

The Savannah-based celebrity cook announced Wednesday that she's launched an umbrella company that will oversee her restaurants, cookbooks, product endorsements and other remaining slices of her media empire. The new company, called Paula Deen Ventures, said private-equity firm Najafi Companies is investing $75 million to $100 million to help Deen make a comeback.

Deen's fortunes took a dive last year after comments she made under oath during proceedings in a lawsuit, namely that she had used racial slurs in the past, became public. The Food Network dropped Deen, as did pork producer Smithfield Foods, book publisher Ballantine and several other companies that paid her to endorse their products.

In a statement, Deen praised the partnership with Phoenix-based Najafi and the decision to name Steven Nanula, who has already worked with Deen for the past two years, to serve as CEO of Paula Deen Ventures.

"I know this is the right decision to lead my team, as we continue to share quality products with my fans — whose love and support have built my brands," Deen said. THE ASSOCIATED PRESS

Eva Mendes

Eva X-es out rumours that she's with child after airport opt-out

Eva Mendes knows the consequences of being picky about security. The actress recently opted out of using a walk-in body scanner at the airport, prompting speculation that she's pregnant. "You know those X-ray scanners, which are really creepy? They basically see you naked," she tells Ellen DeGeneres during an interview. "And not only that, but there's a radiation aspect to it. So I always opt out. I always ask for a personal pat-down. That was good enough reason (for people to assume I'm pregnant.)" Sure, but what about those breakup rumours circulating since she and Ryan Gosling haven't been spotted together since October? While Mendes' publicist was already quick to shoot down such reports, Mendes offers some jokey plans for Valentine's Day that pointedly do not include Gosling — at least not in person: "I'm not a big Valentine's Day person," she says. "I'll probably just order a deep dish and watch The Notebook or something. Just cry, weep."

Twitter

@EllenBarkin
Do you think I could be the "global ambassador" for Lay's potato chips?

@ActuallyNPH
I'm so proud of @RealHughJackman for hosting this year's Tony Awards and for calling me an hour ago to say, 'Suck it!'

@SarahKSilverman
Doing a kickstarter to raise $ for rich kids who have never heard the word no. Please help!

SATURDAY, FEBRUARY 15 & SUNDAY, FEBRUARY 16

FREE GAS!

Spend $75 or more on almost anything at Shoppers Drug Mart and receive a $20 Petro-Canada™ Gift Card.*
PLUS, you'll save 5¢/Litre on 50 litres of fuel with your Bonus card!*

PETRO-CANADA Petro-Canada Gift Card is valid until March 9, 2014.

Visit shoppersdrugmart.ca or the store nearest you for details.
*Some conditions may apply. Offer valid Saturday, February 15 and Sunday, February 16, 2014.
Petro-Canada is a Suncor Energy business. ™ Trademark of Suncor Energy Inc. Used under licence.

SHOPPERS DRUG MART

Guess what's coming to Danielle

Who's that girl?
Canada's Danielle Knudson only told her family and a handful of close friends that she'd booked the campaign of a lifetime. I Guess everyone else is about to find out.

ELIZABETH BEDDALL
elizabeth.beddall
@metronews.ca

Danielle Knudson says her next goal as a model is to be featured on the cover of Sports Illustrated. We'd sign off on that!
HANDOUT

When I meet up with Guess' new it-girl Danielle Knudson, she's surrounded by loose copies of her new ad campaign for the iconic brand. The spread features photos of the blonde bombshell frolicking in the late-afternoon Laguna Beach sunlight.

These images are in stark contrast to the surrounding polar-vortexed environment of our chat, which has left Danielle and I both sweater-bundled as we get warm inside the confines of the Guess boutique in Toronto's Queen West neighbourhood.

But while my pasty face and salt-stained boots give me away as a winter-whipped local, you'd think this new Guess girl, with her sunkissed skin and golden locks, was born and raised along the southern California shoreline. But make no mistake about it, she's Canadian.

You're now living the model's dream life in New York, but you were born and raised in Alberta. Is there anything you miss about home?
I loved growing up in Red Deer — I was there right until I was 18. And my family now lives just outside of Banff. Going home, I still love going home to see the mountains. We have a ski hill in Red Deer that no one knows about called Canyon Ski Area, which is kind of hidden in the middle of nowhere. I spent many years growing up there skiing.

The story of your rise to fame is an insanely quick one. As I understand you were at a shoot for another client and were asked to take a selfie, which was forwarded to Guess LA. Guess booked you that day, flew you out to LA that night and began shooting with you the next day. Correct?
Yes, about six months ago I got booked for the look book. Paul Marciano came to the shoot and met me and the agency called me and they put me on hold for everything and the rest is kind of history. It was like boom, boom, boom.

Tell me a little bit about the day of the Laguna Beach shoot. What was the general itinerary?
The campaign was actually shot over three days. We woke up very early because the lighting was beautiful in the morning — maybe 5:30. It went by so quickly. We would do hair and makeup and go to location, and shoot so many looks. We'd shoot until the sun went down.

Paul Marciano was on set with you at this shoot as well. What's he like?
Paul has been so amazing — he's been so supportive of me. Always told me to be myself. He just made me feel like I'm important to the brand — that they wanted me there.

Flash forward a year from today. What do you foresee?
My life is changing very quickly — I'm taking everything in as it's coming my way.

She's got this in the bag

Purell on-the-go hand sanitizer
$1.79, purell.com

L'Oréal Paris Colour Riche Balm
$7.96, walmart.ca

Benefit's High Beam luminescent complexion enhancer.
$32, sephora.com

Tabasco Sauce Miniature
$0.55, tabasco.com
"I put hot sauce on everything I eat."

$50 MILLION ESTIMATED + 2 EST. x $1 MILLION MAXMILLIONS™
TAKE IT TO THE Lotto MAX
bclc
Know your limit, play within it. GameSense
19+

Fall for a gluten-free delicacy

Cookbook of the Week

Bringing the sexy back to chocolate

The pros in the Canadian Living Test Kitchen have collected their best chocolate recipes in their book The Complete Chocolate Book,

Chapters focus on the varied, wonderful textures of chocolate treats. Craving an ooey-gooey caramel-topped cake? A dark, chewy brownie? A crispy, crunchy cookie? This book has you covered for all that and more. METRO

Sweet Week. These Flourless Chocolate Lava Cakes are perfect for any Valentine

1. In heatproof bowl over hot (not boiling) water, melt chocolate with butter, stirring until smooth. Stir in vanilla seeds. Remove from heat.

2. Whisk in sugar. Whisk in eggs and egg yolks, 1 at a time. Whisk in cocoa powder and salt.

3. Pour into twelve 3/4-cup (175 ml) ramekins; place on rimmed baking sheet. (Make-ahead: Cover and refrigerate for up to 24 hours. Bake as directed, adding 5 minutes to baking time.)

4. Bake in 425 F (220 C) oven until edges are set and centres are slightly jiggly when lightly tapped, about 15 minutes. Let cool on pan on rack for 3 minutes. Run knife around edges and turn out onto plates. Garnish with strawberries, and whipped cream (if using).

EXCERPTED FROM CANADIAN LIVING: THE COMPLETE CHOCOLATE BOOK. COPYRIGHT © TRANSCONTINENTAL BOOKS, 2013. EXCERPTED BY PERMISSION OF TRANSCONTINENTAL BOOKS. ALL RIGHTS RESERVED. NO PART OF THIS EXCERPT MAY BE REPRODUCED OR REPRINTED WITHOUT PERMISSION IN WRITING FROM THE PUBLISHER.

Ingredients

- 12 oz (340 g) bittersweet chocolate or semisweet chocolate, chopped
- 1/2 cup butter, cubed
- Seeds of 1 vanilla pod
- 2 cups granulated sugar
- 6 eggs
- 6 egg yolks
- 1/4 cup cocoa powder, sifted
- Pinch salt
- 12 oz (340 g) strawberries, hulled and diced
- Whipped cream (optional)

This recipe serves 12. JEFF COULSON

A simple plan for reupholstery élan

Start with an easy DIY project. Experts say the best way to bigger reupholstery success is by starting small and building your skills

Homeowners who take a do-it-yourself approach to home decor projects should proceed cautiously with reupholstery. Instead of stripping down a couch, experts recommend starting small and simple and progressing to advanced pieces.

Andrea Ford, owner of Re: Style Studio in Toronto, says progression is important to achieve success in bigger, more complicated projects down the road.

"I would start with something like a dining room chair," says Ford. "It's a very basic concept, but one of the things you have to learn with upholstery is how to manipulate the fabric, so a simple chair is an easy place to start."

Ford teaches upholstery workshops through her studio, in addition to weekend classes at Lee Valley Tools locations in the Toronto area. In all sessions she teaches, Ford offers hands-on experience with theory.

While she is able to help homeowners with their individual projects in her studio workshops, she often discourages them from taking on advanced pieces.

"In terms of progression, never start with a wingback chair," she says. "They are difficult not just in terms of fabric pulling and manipulating perspective, but it's a jigsaw puzzle. If you staple things in the wrong order when you're recovering it you may never get it back together.

"You need to have some of that knowledge, and there are a lot of industry techniques that can be hard to learn how to do on your own."

A common mistake when taking on a reupholstery project is choosing the wrong fabric. While there are great options in various fabrics, some materials that are suited for clothing or drapery wouldn't work for upholstery.

"Upholstery fabric works best because it has got a weave. You can pull it in both directions," says Russell. "People will go to a fabric store and see a fabric that they like, but it isn't for upholstery, it's for dressmaking.

"When you try to pull it, it will pull differently side to side, and front to back, and typically upholstery fabric is woven in a way that you can pull it the same way from either direction."

THE CANADIAN PRESS

A custom upholstery piece combining modern fabric with a more traditional frame.
RE: STYLE STUDIO/ANDREA FORD/HANDOUT/THE CANADIAN PRESS

Why proper tools are important, too

- Before taking on reupholstery, Ford recommends investing in the proper tools. She experienced firsthand the impact using inefficient tools can have.
- "The first project I did, I didn't have the proper staple lifters and spring-loaded pliers," says Ford. "I tore my hands apart, and then because the piece was dusty and old, the cuts I had from the improper tools got infected."
- The tools Ford recommends for reupholstery include: A staple lifter, small, bent nose, spring-loaded pliers and a pair of work gloves that protect fingertips, palms and knuckles while being pliable.
- Staplers are also important tools for reupholstery. While many homeowners may have a hand-stapler, Ford and Cam Russell, instructor at Camosun College's fine furniture joinery program in Victoria, recommend using either an electric or pneumatic stapler.
- "You really need either an electric stapler or an air-powered stapler to make it work and get the staples set deep enough," he says.
- Making sure the upholstery fabric is taut and manipulated properly is an integral part of reupholstery. Russell says the use of spray adhesive can help secure the foam and bonded polyester batting before covering it with fabric.
- "If you wrap your foam in an old unprinted cotton, you're doing the pull with that fabric and when you put your good upholstery fabric on all the hard work is done for you," explains Russell.

WALL CENTRE CENTRAL PARK

BUY NOW

OVER 550
HOMES SOLD ALREADY

10% DOWN
AND PAY NOTHING UNTIL 2016

ALL HOMES INCLUDE PARKING

OWN FROM JUST $26,000 DOWN

HURRY THIS IS A LIMITED TIME OFFER!

ONE BEDROOMS FROM $259,900

10% DOWN
AND PAY NOTHING UNTIL 2016

JUST RELEASED

THE GARDENS ON ORMIDALE

BUY NOW AND SAVE MORE!

TWO BEDROOMS FROM $359,900

NOW SELLING AT BOUNDARY AND VANNESS
WALLCENTRECENTRALPARK.COM
604.874.9232

OPEN DAILY 12-5PM
CLOSED FRIDAYS

MANAGED BY

MARKETED BY

RENNIE MARKETING SYSTEMS

Some conditions apply, offer is valid until March 1, 2014, please ask for details. The developer reserves the right to make changes to the information contained herein without notice. E.&O.E.

Best sofas to let sleeping dogs lie

Love your pup but not what he does to your furniture? Expert tips on buying pieces that can stand up to pets

"I would always suggest a fabric with a small pattern or texture — a herringbone pattern or small check creates a great disguise."
Designer Jay Jeffers
Designer Jay Jeffers relaxes with one of his two cavalier King Charles spaniels. CAVALIER BY JAY JEFFERS/THE ASSOCIATED PRESS

Sydney Masters' dog Angus has white fur. But he loves to play and dig in the mud, so his paws are often brown. And that was a factor in Masters' choice of sofa.

"We didn't choose the lovely white sofa that I wanted. No! We chose a rich dark brown leather couch," said Masters, who shares a Manhattan apartment and a home in France with her husband, who is French, and with Angus, a West Highland terrier.

Finding furniture that dogs and cats won't ruin is a challenge. Here are some things to think about when you're buying furniture, along with some ideas for protecting it from fur, stains and scratches.

Leather

Many dog owners report that leather works well as a pooch-proof alternative to fabric. "It's that kind of glossed leather that repels water and dirt," Masters says. But leather might not work for households with cats, who may damage it with their claws, according to the American Humane Association's chief veterinary adviser Dr. Patricia Olson.

Microfibre

Some cat owners say that microfibre, a synthetic, velvety suede-like material, is a good alternative. It's smoother and less appealing to cats than knits or woven fabric they can sink their claws into. And fur — from dogs or cats — is easily removed from microfibre with a vacuum, lint roller or cloth. Microfibre can also be spot-cleaned.

Fabric

If you own pets and must have fabric-covered sofas, consider this advice from Jay Jeffers of the Jeffers Design Group in San Francisco: "I would always suggest a fabric with a small pattern or texture — a herringbone pattern or small check creates a great disguise."

And don't be afraid to camouflage your pet's fur. "In our house, the furniture is in similar colours to our pets so their fur blends in," Jeffers said.

Fabric slipcovers with zippers that are easily removed and washed are a plus. Some brands, like Ikea, sell fitted slipcovers for their sofas so they can be replaced easily.

A couch of their own

One way to keep pets off your furniture is to give them a couch of their own. Choices abound, from $30 floor pillows at discount pet chains to $1,200-$1,400 US custom B-Home brand dog beds, sold at Jeffers' design store, Cavalier — named for his two cavalier King Charles spaniels. Enchanted Home Pet sells classy dog-size sofas that look a lot like sofas for humans. They run $60 to $300 US depending on size, style and place of purchase; they're available online and in store.

A dog-sized sofa as an accent piece. ENCHANTED HOME PET/THE ASSOCIATED PRESS

Covering up

The simplest way to protect furniture from pets is a fitted slipcover or other covering designed to stay put and look neat. Matt Kovacs, owner of an English bulldog, Lulu, has tried a number of covers and recommends the SureFit brand. "Without the covers, furniture doesn't stand a chance."

THE ASSOCIATED PRESS

GESAMT
KUNST
WERK

Define it

GWERK.CA

#GWERK

Kitty corners big as all outdoors

When Carrie Fagerstrom was looking for a new home in Portland, Ore., her must-have list didn't include a spacious yard, plenty of closets or even a large kitchen.

Her highest priority: The comfort of her cats.

"I really wanted a house that would allow me to build a place for them," said Fagerstrom, who had visions of a catio out back.

A catio is essentially a cat's playground. It's an enclosed, covered area, much like a patio, that allows feline friends to be exposed to the outdoors, getting fresh air and scenery, while keeping them safe from predators.

"I thought it would be as simple as running wire on three sides and putting tarp overhead, but it wasn't that easy," Fagerstrom said. "It ended up being a much bigger project, but I love it."

Roughly $5,000 later, her eight cats have room to roam in a catio filled with scratching posts, climbing apparatuses and even a drinking fountain. The space also contains human seating so that Fagerstrom and her friends can enjoy it as well.

"It's a very calm and serene place," she said.

Catios got their start with cat breeders and at animal sanctuaries, but more and more cat owners have begun building them at home, according to Kate Benjamin, founder of hauspanther.com, an online magazine for design-conscious cat people.

A catio can be built in any home, no matter the size. While some people build large, elaborate ones, a small window enclosure also will work if you're short on space.

THE ASSOCIATED PRESS

Tips on building a catio

- Make sure the catio is fully enclosed, so cats cannot get out and predators cannot get in.
- Provide a view of the outdoors, and make sure fresh air comes in.
- Include toys and features your cats enjoy.
- Keep their litter box in the catio.
- Make the space pleasant for humans too, so you and your cats can enjoy the catio together.

Carrie Fagerstrom built this catio, which cost $5,000 to add at her home, so her eight cats can enjoy the outdoors, but not the harmful elements that come along with it, in Portland, Ore. CARRIE FAGERSTROM/THE ASSOCIATED PRESS

MOVE INTO YOUR **BRAND NEW** WATERFRONT **RENTAL HOME** TODAY

Designed for smart living, modern functionality and comfort

Building amenities:

- air conditioned fitness facility
- flex office ground floor workspace
- relaxing garden terrace with barbeque area

Studio, one bedroom and
two bedroom apartment homes.
starting from $1440 per month

RIVERPORTflats

WATERFRONT RENTAL HOMES

604.353.RENT

14000 Riverport Way, Richmond, BC

View Floorplans / Book a Showing

www.riverportflats.com

Feel at home: Decorate with confidence

Avoid pitfalls. Designer offers tips to guide you through often-confusing process of decorating

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Getting a decorating project off the ground takes planning, budgeting and a lot of effort to see it through. For most, hiring someone to look after this sort of thing is simply too much of a luxury. Here, from yours truly, are a few pointers — and a few pitfalls to avoid — to help get you through your next decorating project:

The Big Bang: Don't expect to go from blank canvas to finished interior in one fell swoop. Remember that interiors are created in layers, over time. Don't try to get it all done in a day. I always say that you can put a room together in two months but it takes at least a year for it to evolve into a room that tells a story.

A Wing and a Prayer: Starting a decorating project without a plan is like shopping for groceries on an empty stomach; you'll simply waste time and money. Survey your resources — your current furnishings, the work schedule and budget — then make a list of needs, wants and things you'd love down the road.

Ebenezer Scrooge: There are times when it is better to splurge than to economize. Shop carefully for the right balance of price and quality. That "bargain" sofa loses its charm when its seams split and arms start to wobble.

My Way or the Highway: Be open-minded about new ideas — sometimes a fresh approach is best. Hire a decorator or try this simple trick: Re-arrange your furniture to jump start a design update and see your things in a new light.

Making Do: That perfectly-good hand-me-down dining table probably won't win any design awards as part of your decor scheme, so know when to say no to freebies. Second-hand can be wonderful if — and only if — it goes with your look.

More is Better: Mix and match your furnishings to add variety and increase your design options. Did you play it neutral and safe with some of your big purchases? Use accent pieces to introduce new colours, textures and shapes to prevent your room from becoming monotonous. Art, area rugs and bedding are great ways to shake up a room with colour and pattern.

Doubting Thomas: Don't trust your own judgment? Do research, clip photos from magazines, watch design television shows and ask your friends. Start small, build your confidence, and learn from small mistakes. The best designers did the same.

Got a decorating question? Email me at life@metronews.ca.

Home sweet home: Use pro decorating tips to make it your own. ISTOCK

You'll love your strata fees
$0
MOVE-IN THIS JUNE!
BUY NOW & WE'LL PAY YOUR STRATA FEES FOR 2 YEARS*
HOME OWNERSHIP JUST GOT EASIER!
Proudly developed by Porte
NO DOWN PAYMENT?
Ask us about our flexible deposit plan.
SOCIAL @ VERVE
OWN IN SURREY CITY CENTRE FROM $169,900
BUILDING 2 ALREADY 25% SOLD
PORTE.CA/VERVE 604.588.3783
VERVE SALES CENTRE + SHOWHOMES:
10119 WHALLEY BLVD, SURREY. OPEN DAILY 12–5PM (CLOSED FRI)
*Pricing, promotion & move-in dates subject to change without notice. Sales by disclosure statement only, E&OE.

NEED MONEY?
$300 - $1500
• No credit checks
• No upfront fees
CALL NOW!
1-866-499-5629
WWW.MYNEXTPAY.CA

Skater's sacrifice sets up Morrison's silver

Speedskating. Junio drops out of 1,000 metres for teammate

How about having Gilmore Junio carry the Canadian flag into the closing ceremonies of the Sochi Olympics, says Denny Morrison.

How about having both long-track speedskaters lead Canada into Fisht Stadium?

Morrison, taking the place vacated two days earlier by his friend and teammate Junio, raced to silver in the 1,000 metres between a pair of Dutch skaters Wednesday to write the final chapter to a remarkable story of selflessness.

"It's a dream, a fairytale story," said an emotional Morrison after earning his third Olympic medal in three Games. "It's difficult to really believe that it's happening."

Said Junio: "I think that's the big power of the Olympics. Anything can happen. Expect the unexpected."

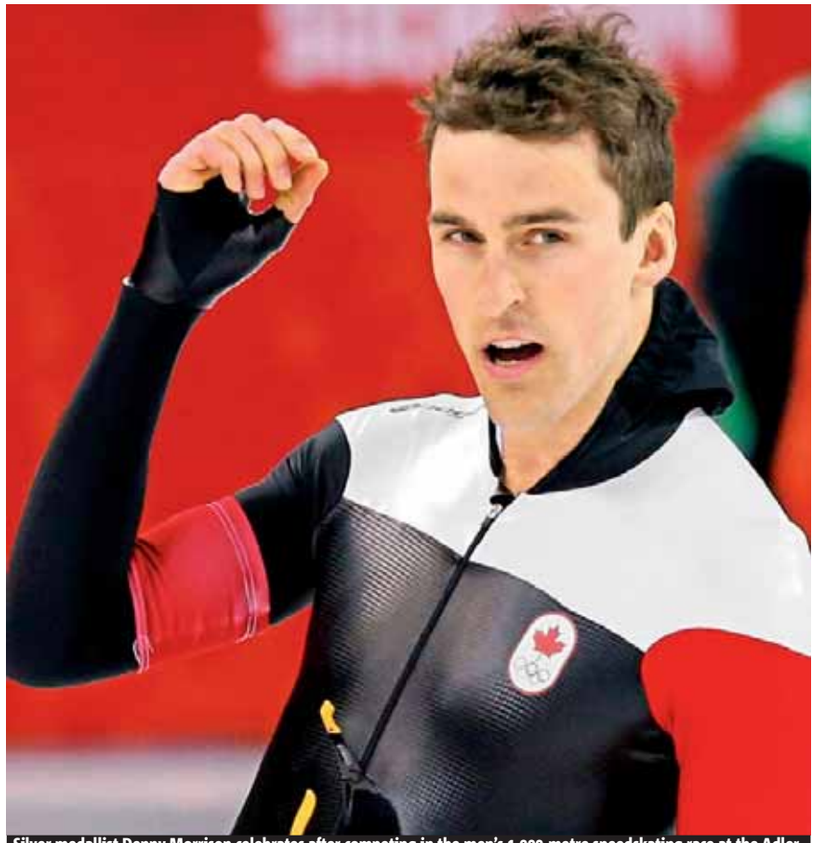
Having come back from a broken leg the year before, Morrison agonizingly clipped a skate on his heel at the Canadian trials in December, falling 50 metres from the finish line and failing to qualify for the 1,000 metres. There was a reskate an hour later at the trials, but his tank was empty and he missed out by four-hundredths of a second.

So the 28-year-old from Fort St. John, B.C., came to Sochi with a place in the 1,500 metres and team pursuit but as a reserve in one of his bread-and-butter distances.

Speed Skating Canada then approached Junio, a 23-year-old from Calgary who was 10th in Monday's 500 metres, and asked whether he would consider giving his place up to the veteran.

"It was 100 per cent my decision. They left it in my court," said Junio, who is better in the 500 than the 1,000. "They said 'You can talk to Denny.'

"But it was an easy decision. The guy's been skating unreal these past few weeks and I wanted to see him skate the 1,000 metres." THE CANADIAN PRESS



Silver medallist Denny Morrison celebrates after competing in the men's 1,000-metre speedskating race at the Adler Arena Skating Center in Sochi, Wednesday. PAVEL GOLOVKIN/THE ASSOCIATED PRESS

Olympic spirit

"Maybe that's something we can get behind, because I think that would be really special.... He does embody what it means to be an Olympian ..."

Denny Morrison, on the push to have Gilmore Junio as the closing ceremonies flag-bearer

4 SPORTS

Cycling

Gastown Grand Prix joins elite U.S. series

The BC Superweek Global Relay Gastown Grand Prix will join the USA CRITS Championship Series — considered a premier cycling series — for 2014, according to an announcement today.

"As we continue to grow BC Superweek, we're excited to join the USA CRITS Championship Series' impressive calendar," said Gastown Grand Prix Race director Mark Ernsting in a statement.

"To have the race series travel outside the United States to Vancouver is a reflection of how Global Relay has re-established the Gastown Grand Prix as one of the most prestigious criteriums in Canada and one of the most exciting in North America." METRO

Figure skating

Canadians finish in top five

Minutes after their performance, Kirsten Moore-Towers of St. Catharines, Ont., and Toronto's Dylan Moscovitch were spontaneously committing to another four years.

"This is far too much fun," Moore-Towers said. "Yeah. Hell yeah. We say we're going to take it one year at a time, but why not, right? Dream big."

The Canadian skaters finished fifth Wednesday in pairs at the Sochi Olympics. Tatiana Volosozhar and Maxim Trankov won the gold, while teammates Ksenia Stolbova and Fedor Klimov captured the silver. THE ASSOCIATED PRESS

Curling

Jones remains unbeaten in Sochi

A missed gamble by British skip Eve Muirhead allowed Canada's Jennifer Jones to remain unbeaten in women's curling round-robin play in Sochi.

With the clock running down and her team behind 8-6 to Canada at the women's Olympic tournament, Muirhead gambled on removing three tightly bunched Canadian rocks to pick up three points for the win. The move backfired, and Canada clinched a 9-6 victory. THE CANADIAN PRESS

Lions DE shows his creative side

CFL. Keron Williams designed Grey Cup Festival brand despite hazy future with B.C.

CAM TUCKER
cam.tucker@metronews.ca

Veteran CFL defensive end Keron Williams stands next to the 102nd Grey Cup Festival logo during a press conference in Vancouver on Wednesday. Williams designed the logo. CAM TUCKER/METRO

Underneath the football-hardened exterior of Keron Williams, there is an artist capable of creating something visually stunning that connects with those around him.

Williams, an eight-year veteran defensive end in the Canadian Football League who has spent the past four seasons with the B.C. Lions, designed the 102nd Grey Cup Festival brand, the Roar on the Shore, which was unveiled at a press conference in downtown Vancouver on Wednesday.

Jamie Pitblado, the general manager for the 2014 Grey Cup at BC Place Stadium, approached Williams with the idea of designing the brand last November, during Grey Cup week in Saskatchewan.

Williams, whose background is in graphic design, began working on it in January.

The finished product now revealed, Williams took to a podium set up in the Emerald Room at the Fairmont Pacific Rim hotel and delivered an impassioned yet unprepared speech — no notes jotted down on a piece of paper or anything like that — about his creation.

It's youthful and has swagger, he said of the logo.

"This brand speaks for itself. I believe this is the best brand to really represent the Grey Cup and I take pride in that," said Williams, who attended the University of Massachusetts.

Williams is probably best known for his disruptive nature on B.C.'s defensive line. He's built a career as a feared pass rusher, with 56 sacks since 2006.

For now, he's a CFL free agent.

The Lions made him an offer on Monday. General manager Wally Buono said after the press conference that he spoke briefly with Williams' agent on Tuesday but had yet to hear from him Wednesday.

It's certainly interesting that the lineman designed the Grey Cup logo, but he may not be back with B.C.

"I'd love to stay in Vancouver. Vancouver has showed me nothing but love and support, made me a champion," said Williams.

For more on the story, go to metronews.ca.

Free agent

"I'd love to stay in Vancouver. Vancouver has showed me nothing but love and support, made me a champion."

Defensive end Keron Williams, whose future with the Lions is uncertain

Women's hockey. Canada wins first battle vs. U.S.

A 3-2 win over the archrival United States was a big boost to Canada's confidence, but history shows Wednesday's result won't mean much if the two women's hockey powers face off for Olympic gold.

But after dropping four straight exhibition games to the Americans before their arrival in Sochi, the Canadian women could feel good about themselves heading into a four-day break before Monday's semifinal.

Canada and the U.S. already had berths in Monday's semi-finals locked down before their game.

Trailing 1-0 after two periods, Meghan Agosta-Marciano of Ruthven, Ont., scored a pair of goals and had an assist for the defending champions on her 27th birthday.

Linemate Hayley Wickenheiser of Shaunavon, Sask., who was Canada's flag-bearer in the opening ceremonies, scored a controversial goal and assisted on Agosta-Marciano's equalizer.

Charline Labonté of Boisbriand, Que., stopped 25 of 27 shots for the win and stoned Kelli Stack on a short-handed breakaway in the second period. Coach Kevin Dineen's choice to put Labonte in goal was intriguing because Shannon Szabados has started in all world championship finals for Canada since her shutout of the Americans in the 2010 Olympic final.

THE CANADIAN PRESS

Natalie Spooner jumps on top of Meghan Agosta-Marciano. THE ASSOCIATED PRESS

MEDALS

Nation	G	S	B	Tot.
Norway	4	3	5	12
Canada	**4**	**4**	**2**	**10**
Netherlands	4	2	4	10
United States of America	3	1	5	9
Russian Federation	2	4	3	9
Germany	6	1	1	8
Austria	1	4	0	5
Switzerland	3	0	1	4
Slovenia	1	1	2	4
Sweden	0	3	1	4

WHAT CANADA DID

WEDNESDAY

ALPINE SKIING

Women's Downhill - Larisa Yurkiw, Owen Sound, Ont., 20th, (one minute 43.46 seconds, +1.89 seconds)

CURLING

Women's Round Robin Session 4 - Canada 9 Britain 6 (Standings: Canada 3-0, T-1st)

Men's Round Robin Session 5 - Canada 7 Russia 4 (Standings: Canada 2-2, T-5th)

FIGURE SKATING

Pairs Free Program - Kirsten Moore-Towers (St. Catharines, Ont.) and Dylan Moscovitch (Toronto), 5th, (131.18); Meagan Duhamel (Lively, Ont.) and Eric Radford (Balmertown, Ont.), 7th, (127.32); Paige Lawrence (Kennedy, Sask.) and Rudi Swiegers (Kipling, Sask.), 14th, (103.01).

Final Pairs Ranking: Kirsten Moore-Towers and Dylan Moscovitch, 5th, (202.10); Meagan Duhamel and Eric Radford, 7th, (199.53); Paige Lawrence and Rudi Swiegers, 14th, (161.98).

ICE HOCKEY

Women's Preliminary Round - Group A - Canada 3 United States 2 (Standings: Canada 3-0, 1st)

LUGE

Doubles Run 1 - Tristan Walker (Cochrane, Alta.) and Justin Snith (Calgary), 4th, (49.857 seconds, +0.484 of a second)

Doubles Run 2 - Tristan Walker and Justin Snith, 6th, (49.983 seconds, +0.423 of a second)

Doubles Final Ranking: Tristan Walker and Justin Snith, 4th, (one minute 39.840 seconds, +0.907 of a second)

SNOWBOARD

Ladies' Halfpipe Qualification - Heat 1: x-Alexandra Duckworth, Kingsburg, N.S., 7th, (69.75); **Heat 2:** x-Katie Tsuyuki, Toronto, 9th, (54.25); Mercedes Nicoll, Whistler, B.C., 12th , (43.50).

x- qualified for semifinals

Ladies' Halfpipe Semifinals - Katie Tsuyuki, 7th, (56.25); Alexandra Duckworth, 11th, (32.50).

Ladies' Halfpipe Final Ranking: Katie Tsuyuki, 13th; Alexandra Duckworth, 17th; Mercedes Nicoll, 25th.

SPEED SKATING

Men's 1000m - Denny Morrison, Fort St. John, B.C., **Silver Medal,** (one minute 8.43 seconds, +0.04 of a second); Vincent De Haitre, Cumberland, Ont., 20th, (1:10.04); William Dutton, Humboldt, Sask., 26th, (1:10.61); Muncef Ouardi, Quebec City, 32nd, (1:11.07).

HOCKEY

PRELIMINARY ROUND

All times Eastern

MEN

Wednesday's results

Sweden 4 Czech Republic 2
Switzerland 1 Latvia 0

Thursday's games

Finland at Austria, 3 a.m.
Russia at Slovenia, 7:30 a.m.
Slovakia at United States, 7:30 a.m.
Canada at Norway, 12 p.m.

WOMEN

Group A

	GP	W	OTW	OTL	L	GF	GA	Pts
Canada	**3**	**3**	**0**	**0**	**0**	**11**	**2**	**9**
United States	3	2	0	0	1	14	4	6
Finland	3	0	1	0	2	5	9	2
Switzerland	3	0	0	1	2	3	18	1

Group B

	GP	W	OTW	OTL	L	GF	GA	Pts
Sweden	2	2	0	0	0	5	0	6
Russia	2	2	0	0	0	6	2	6
Japan	2	0	0	0	2	1	3	0
Germany	2	0	0	0	2	1	8	0

Note: Three points awarded for a regulation win, two for an overtime/shootout win and one for an overtime/shootout loss.

Wednesday's results

Finland 4 Switzerland 3 (OT)
Canada 3 United States 2

Tuesday's results

Sweden 4 Germany 0
Russia 2 Japan 1

Thursday's games

Japan at Germany, 3 a.m.
Sweden at Russia, 12 p.m.

CANADA 3, UNITED STATES 2

First Period — No Scoring.

Penalties — Lamoureux U.S. (tripping) 4:37, Ouellette Cda (holding) 10:59, Decker U.S. (Body Checking Minor) 17:47.

Second Period

1. United States, Knight 3 (Carpenter, Schleper) 37:34 (pp).

Penalties — Duggan U.S. (interference) 32:27, Johnston Cda (roughing) 32:52, Rougeau Cda (Body Checking Minor) 36:57.

Third Period

2. Canada, Agosta-Marciano 2 (Wickenheiser) 42:21 (pp).
3. Canada, Wickenheiser 2 (Spooner, Agosta-Marciano) 43:54.
4. Canada, Agosta-Marciano 3 (unassisted) 54:55.
5. United States, Schleper 1 (Decker, Lamoureux) 58:55.

Penalties — Decker U.S. (tripping) 40:53, Pucci U.S. (hooking) 51:59.

Shots

Canada	8	11	12—31
United States	11	13	3—27

Goal — Canada: Labonte (W); United States: Vetter (L). **Power plays (goal-chances) —** Canada: 1-5; United States: 1-4.
Attendance — 4,812 at Sochi, Russia.

CURLING

All Times Eastern

MEN

Wednesday's results

Canada 7 Russia 4
United States 9 Denmark 5
Norway 8 Germany 5
China 5 Switzerland 4
China 11 Germany 7
Britain 4 Switzerland 2
Denmark 8 Sweden 5

Thursday's games

Switzerland vs. Russia, 5 a.m.
Canada vs. Denmark, 5 a.m.
Norway vs. Sweden, 5 a.m.
Britain vs. United States, 5 a.m.

WOMEN

Wednesday's results

Canada 9 Britain 6
Japan 8 Russia 4
China 7 United States 4
Sweden 7 South Korea 4

Thursday's games

Canada vs. Denmark, 12 a.m.
China vs. Britain, 12 a.m.
Switzerland vs. Sweden, 12 a.m.
Sweden vs. Denmark, 10 a.m.
Russia vs. South Korea, 10 a.m.
Switzerland vs. **Canada**, 10 a.m.
Japan vs. United States, 10 a.m.

Horoscopes

♈ Aries
March 21 - April 20
You need to be a bit more mysterious, especially on the work front. Keep both colleagues and rivals at arm's length and don't forget that knowledge is power.

♉ Taurus
April 21 - May 21
If you say one thing but do another, you leave yourself open to charges of hypocrisy. You don't need to cut corners or bend the truth. You have so much going for you that you will still come out ahead.

♊ Gemini
May 22 - June 21
As your ruler, Mercury, continues its retrograde phase, you need to be on your guard. It's likely that someone will try to cheat you in some way. But now that you know that, it won't be so easy.

♋ Cancer
June 22 - July 23
Your mind may be working fast and you may have come to conclusions that satisfy you but are you sure they're correct? Listen to your inner voice and act on what it tells you, even if you don't understand it.

♌ Leo
July 24 - Aug. 23
One of your secrets could be dangerous if others get to know about it. Make sure you don't say anything today that might give your opponents a clue what you've been up to.

♍ Virgo
Aug. 24 - Sept. 23
It's important that you are honest about your feelings. If you keep them to yourself, negative emotions may build up to the point where an outburst of some sort is more likely than not.

♎ Libra
Sept. 24 - Oct. 23
Be careful what you say over the next few days because certain people won't take kindly to you making light of things that they take seriously.

♏ Scorpio
Oct. 24 - Nov. 22
There is still time to make your feelings known. But if you leave it too late in the day, the opportunity will slip by and it won't come again for quite a while. Don't worry that you might be rejected.

♐ Sagittarius
Nov. 23 - Dec. 21
You'll get more done if you take a gentler approach to partnership matters. Put yourself in their shoes and imagine how you'd feel if someone talked to you the way you talk to them at times.

♑ Capricorn
Dec. 22 - Jan. 20
You may want to be open but with communications planet Mercury now moving retrograde, you would be wise not to give too much away. Anyone asking personal questions is not to be trusted.

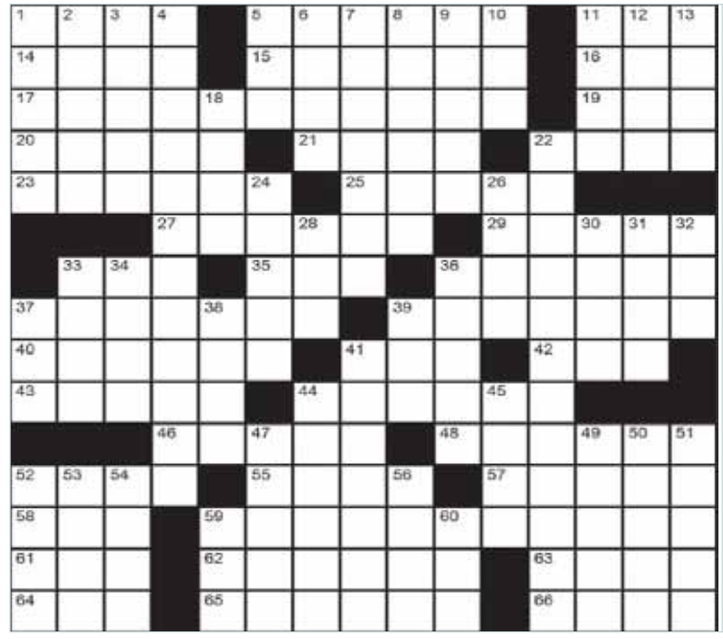
♒ Aquarius
Jan. 21 - Feb. 19
If you need to make some extra money then you will have to go into partnership with someone who shares your ambitions. You will also need to have a contract that commits you both.

♓ Pisces
Feb. 20 - March 20
You may not be as ambitious as some but you have no end of dreams you would like to see come true. One dream has your attention now, but is it a realistic dream or is it a fantasy dream? SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

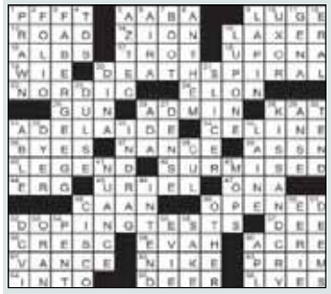
BY KELLY ANN BUCHANAN



Across
1. Very, in Versailles
5. Lightly blots: 2 wds.
11. Stir
14. Retro-style pop syllable
15. "Game of Thrones" actress Ms. Clarke
16. Cut back
17 "Roxy Roller" band from Vancouver: 2 wds.
19. Litigate
20. France's capital, colloquially
21. __ Brasi, "The Godfather" (1972) enforcer
22. Cob's stuff
23. "Man of Steel" (2013) director, Zack __
25. Lord's house
27. Swiped
29.Jabbed
33. 'Neat' suffix
35. Food container
36. U2 tune
37. Anastasia's family, House of __
39. Historic theatre in Russia
40. Sam Worthington movie
41. Oz musical, The __
42. Initials-sharers of Miranda's portrayer on "Sex and the City"
43. "__ __, with Love" (1967)
44. Roman orator
46. Man-made material
48. Wanting to throw up feeling
52. SOCHI 2014 - One of the Olympic symbol's five
55. Banff National Park animals
57. Trims
58. Fabric belt
59. Robin Thicke's actress wife: 2 wds.
61. Guys
62. Actor, Haley Joel __
63. Rihanna's "__ Boy"
64. Lumberjack's tool
65. Styles
66. River of Flanders

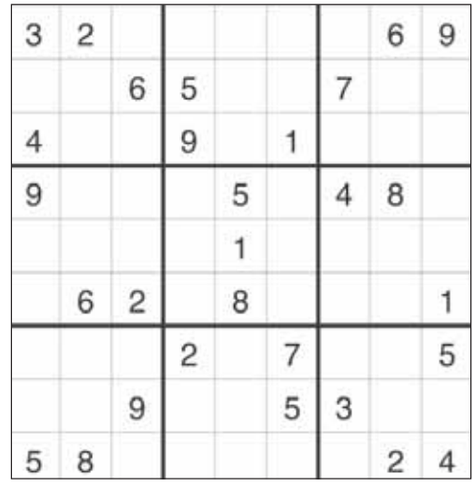
Down
1. Chef's li'l amounts
2. "Laugh-In" co-host Dan
3. Manicurist's board
4. SOCHI 2014 - Winter Olympics sport: 2 wds.
5. Billy Williams link
6. __ acetate (Banana oil)
7. Tar-like deposit found in Alberta's oil sands
8. BC's __ Valley
9. Mr. Quinn
10. Bit
11. Too
12. Glum
13. Airy
18. Old depilatory brand
22. SOCHI 2014 - Winter Olympics sport
24. Revolving mechanism
26. German-built car
28. Ms. Tyler
30. "Jeopardy": 1983 hit for The Greg __ Band
31. Greek Myth: God of love
32. Agnus __ (Mass prayer)
33. De __ (Again, in Latin)
34. "Misty" line: "Look at me / __ __ helpless as a kitten up a tree..."
36. Bakery quantity
37. Rodent
38. __ a soul
39. Pen brand
41. City in southern Manitoba's Pembina Valley
44. Structure support in architecture
45. Tabula __ (Clean slate)
47. Rent
49. Position, fancy-style
50. Lyric poem variety
51. Lou Grant's portrayer Ed
52. Tomato type
53. Wild goat
54. Ten - One = This
56. Rational
59. 1990s fad game disc
60. Liq. measures

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Yesterday's Sudoku

5	3	9	8	7	4	6	1	2
1	8	2	5	3	6	7	9	4
7	4	6	2	9	1	5	3	8
9	1	8	4	5	7	2	6	3
2	5	7	1	6	3	8	4	9
4	6	3	9	8	2	1	7	5
3	9	1	6	2	8	4	5	7
8	7	4	3	1	5	9	2	6
6	2	5	7	4	9	3	8	1

Today 9°/4° Showers 40%
Friday 9°/4° Showers 90%
Know what the weather will be 14 days from now.
Check the 14 day trend.
TWN incorporates MSC data

visit metronews.ca
metro

FLIGHT CENTRE The Airfare Experts
1 866 519 5111
TRAVEL EXPO FREE ADMISSION
Vancouver Convention Centre
Saturday, February 22
10am – 4pm
travelexpo.ca

Share the love with a FREE TV.

Curl up with your valentine in front of a FREE 42" LG Smart TV with Optik TV™ and Internet for 3 years.*

Now you can enjoy your FREE TV from any room with a **wireless digital box**.†

Call **310-MYTV (6988)**, go to **telus.com/tv** or visit your **TELUS Store** or **Authorized Dealer**.

TELUS

the future is friendly®

TELUS STORE OR AUTHORIZED DEALER

Vancouver
Oakridge Centre
Pacific Centre
Terasen Centre
220 1st Ave. East
551 Robson St.
808 Davie St.
991 Denman St.
1095 West Pender St.
1707 Robson St.
1855 Burrard St.
2338 Cambie St.
2372 West 4th Ave.
2706 Granville St.
2748 Rupert St.
2749 Main St.
3121 West Broadway

Abbotsford
Highstreet Shopping Centre
Sevenoaks Shopping Centre
2140 Sumas Way
32915 South Fraser Way

Aldergrove
26310 Fraser Hwy.

Burnaby
Brentwood Mall
Crystal Mall
Lougheed Town Centre
Metropolis at Metrotown
3855 Henning Dr.
4501 North Rd.
4711 Kingsway

Chilliwack
Cottonwood Mall
Eagle Landing Shopping Centre
7544 Vedder Rd.
45300 Luckakuck Way

Coquitlam
Coquitlam Centre
1071 Austin Ave.
2020 Oxford Connector
2988 Glen Dr.
3000 Lougheed Hwy.

Delta
Scottsdale Centre
1517 56th St.
4841 Delta St.

Langley
Willowbrook Shopping Centre
19638 Fraser Hwy.
20159 88th Ave.
20202 66th Ave.

Maple Ridge
Haney Place Mall
22661 Lougheed Hwy.

Mission
Junction Shopping Centre
32670 Lougheed Hwy.

New Westminster
Royal City Centre

North Vancouver
Capilano Mall
Lynn Valley Centre
1295 Marine Dr.
1801 Lonsdale Ave.

Pitt Meadows
19800 Lougheed Hwy.

Richmond
Lansdowne Mall
Richmond Centre
11686 Steveston Hwy.

Surrey
Central City Shopping Centre
Cloverdale Crossing Shopping Centre
Grandview Corners
Guildford Town Centre
Semiahmoo Shopping Centre
3189 King George Blvd.
7380 King George Blvd.
13734 104th Ave.

West Vancouver
Park Royal

*Offer available until February 18, 2014, to residential customers who have not subscribed to Optik TV or Internet in the past 90 days. Minimum system requirements apply. Final eligibility for the services will be determined by a TELUS representative. TELUS reserves the right to modify channel lineups and packaging and regular pricing without notice. Cannot be combined with other offers. Offer not available with TELUS Internet 6. HDTV-input-equipped television required to watch HD. 42" LG SMART HDTV offer available while quantities last and cannot be combined with promotional prices. TELUS reserves the right to substitute an equivalent or better product without notice. Manufacturer's suggested retail price of a 42" LG SMART HDTV is $899. Cancellation fee for early termination of a service agreement will be $24/mo. for the 42" LG SMART HDTV and $10/mo. for the HD PVR and digital boxes multiplied by the number of months remaining in the term. Current rental rates apply at the end of the term. Rental equipment must be returned in good condition upon cancellation of service, otherwise the replacement cost will be charged to the account. †Wireless signal range will vary and can be affected by conditions in the home, including interference from other electronic devices and the materials used in construction. Wireless access point required, charged separately. TELUS, the TELUS logo, Optik, Optik TV, telus.com and the future is friendly are trademarks of TELUS Corporation, used under licence. © LG Electronics Canada, Inc. All rights reserved. "LG Life's Good" is a registered trademark of LG Corp. © 2014 TELUS.